

Dear Troy Steven:

I'm very pleased to announce that the September 2020 issue of our online book review magazine "Small Press Bookwatch" features a review of "Breaking Bipolar" This review will also appear in the Cengage Learning, Gale interactive CD-ROM series "Book Review Index" which is published four times yearly for academic, corporate, and public library systems.

http://www.midwestbookreview.com/sbw/sep_20.htm#psychology

The Psychology Shelf
Breaking Bipolar
Troy Steven
Battle Press
www.breakingbipolar.life
9781513660370, \$23.99, HC, 216pp

<https://www.amazon.com/Breaking-Bipolar-Break-Hold-Disorder/dp/1513660373>

I look forward to your next title!

James A. Cox
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